

If you need to borrow any gear please let us know!

In addition to the Winter activity gear list, the following items are recommended for adventuring overnight in the winter:

**Personal Items:**

- Clothing:
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  - Extra pair of thin gloves
  - Extra activity socks
  - Camp Clothes - these typically consist of the puffy pants/jacket and the super warm mitts from the Winter Activity Gear List, but also includes:
    - Thick warm socks (x2)
    - Down/hut booties
  - For remote overnight trips (i.e not car camping trips), I strongly recommend NO merino wool clothing (ski socks are an exception). All midlayers/baselayers should be synthetic. If you are bringing merino, it is imperative that you bring a full extra change of clothes to change into at night.
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- Sleeping:
  - Mummy sleeping bag rated for the expected conditions.
  - Foam sleeping mat
  - Air mattress R4 or higher
- Toiletries:
  - toothbrush/toothpaste
  - Deodorant
  - Sunscreen
  - SPF lip balm
  - Toilet paper & large ziploc to pack it out
  - Hand sanitizer
  - Eyewear (contacts, glasses)
- Cooking/food:
  - ~ 2L of insulated water storage capacity
  - Spork
  - Cup
  - Boil-in-a-bag meals like PeakRefuel or Backpacker's Pantry are recommended for suppers as they are easy and fuel-efficient. If not using boil/bag meals, bring:
    - plate/bowl
    - Biodegradable soap
    - Cooking utensils
    - Dish Cloth
  - Lunches and snacks that are easy to eat while walking.
- Other:
  - Large backpack (~60 L) with hip straps
  - Phone battery backup
  - Hand/foot chemical packs. 1 of each for every day. If you are more experienced this can be lowered.

**The Group Collectives:**

- Tent
- White Gas Stove
- White Gas Fuel
- Pot set